# **Our Trusted Servants**

July 2020

Panel 70, Issue 7.2

Area 92 Newsletter
Mission Statement
To Report directly "to those they serve"; to publicize AA events; to be a forum for sharing and comment.

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#### **Greetings Area 92!**

Greetings zone 92! This edition 7.2 contains the quarterly reports, reports of the Committee and Motions, submitted for the quarterly area held on 18<sup>de</sup> July2020. It does not contain all reports from all trusted servers, only reports submitted to the newsletter. For a more complete registration, please contact our Area Secretary. See also this month's Main Newsletter "Our Group Conscience". Please contact me if you would like to be on the mailing list. Thank you for the opportunity to be of service!

Benjamin G. Newsletter Editor / WSEA 92 / Panel 70 / AA

Area 92 Newsletter Submissions <a href="mailto:newsletter@area92aa.org">newsletter@area92aa.org</a> or

Mail to: Area 92 Newsletter

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#### **Area Delegate**

Good morning Area 92 and welcome to the 2020 July Quarterly. Some thoughts included in this report have been shared over the past few weeks. First in a brief preliminary report provided to the Area Committee and Past Delegates on the 70th General Service Conference (GSC), subsequently in the "Delegates Corner" on the Area 92 website, and recently in the July Newsletter.

In the weeks since the Conference, 93 Delegates from across the US and Canada have been assembling the myriad of reports and presentations received from Directors, Trustees, Delegates, Primary and Secondary Committees and GSO Staff. This information was coupled with notes and materials generated during the actual conference into presentations, commonly referred to as Delegate Report-Backs. We trust it is digestible over a 2 to 3-hour period.

The presentation objectives are clearly stated in the Service Manual on page S54. To share "What I Saw, Heard and Felt". Accordingly, a delegate tries to capture and include some of the more significant topics and activities, in a condensed yet understandable form. Further, in Area 92 we follow a tradition of encouraging a "dialog" with attendees - ensuring that comments can be expressed and questions can be asked. In order to allow for a reasonable level of attendee participation, Area 92 typically conducts multiple Report-Backs with a few districts at a time. In light of continued COVID 19 realities, these Report-Backs are being conducted virtually for the time being.

The first Report-Back with Districts 02, 13, 17, 19 and 22 was held last Sunday afternoon, July 12th from 1:30 pm to 4:30 pm. Trusted servant and member feedback on the session has been positive, and the attendees consistently state that it is a presentation you will not want to miss. Importantly, and get this, these attendees now know the new GSC Delegates official title. We are referred to as "The Pandemic Panel 70 Pioneers". I will make a bold promise. Each of you will be delighted to learn where this name comes from and what "force" brought it into our nomenclature.

Find out from your DCM or Ben N. our Alt Delegate, when your district is scheduled, and join us. If that date is not workable, we have some flexibility and you may be accommodated on another date. In A.A. the reality is...all three of our legacies, Recovery, Unity, and Service, <u>benefit</u> whenever anyone participates!

While reporting from last year's Conference is still underway, and there are numerous Standing and Ad Hoc committees busily addressing their assigned responsibilities...the 71st GSC is also getting fired up.

The first "Board Weekend" is scheduled for August 14<sup>th</sup> to 16<sup>th</sup> and the Chairs of Trustees Committees, along with the Chairs of Conference Committees have been asked to evaluate the 84 -- Committee Considerations, Floor Motions and Items Forwarded to the 71<sup>st</sup> GSC. Further, each Committee Chair, with key input from GSO staff, has been asked to start assembling any new Agenda Items with their respective Committee members, that may be included in the 71<sup>st</sup> GSC.

As the incoming Chair of the Conference Agenda Committee, I am now directly involved in this effort. So obviously, "no good deed goes unpunished"!

Seriously, to wrap-up this morning, we need to direct the credit where it is fully deserved. The General Service Conference is not just Delegates, or Trustees, or Directors, or, for that matter, an event!

Bill W. offered "A Resolution" at the 20<sup>th</sup> Anniversary Convention of A.A. in St Louis in 1955, which was fully adopted – by acclamation at that Convention and in the Conference, by vote. The full text of "A Resolution" is Appendix B of the AA Service Manual, page S103.

In the 1<sup>st</sup> paragraph the resolution states in part "We...declare our belief that our <u>fellowship</u> has now come of age and is entirely ready to assume full and permanent possession of the Three Legacies of our A.A. inheritance – the Legacies of Recovery, Unity, and Service".

And in Paragraph 4 it states: "BE IT THEREFORE RESOLVED: That the General Service Conference of Alcoholics Anonymous should become, as of this date, July 3, 1955, the Guardian of the Traditions of Alcoholics Anonymous, the perpetuators of the world services of our Society, the voice of the group conscience of our entire Fellowship, and the sole successors of its cofounders Doctor Bob and Bill.

And revealingly, in the closing paragraph it states, "...it shall never enact laws or regulations binding on A.A. as a whole or upon any A.A. group or member thereof, nor shall it perform any other such acts of government; and that, like the Society of Alcoholics it serves, the Conference itself will always remain democratic in thought and action.

Entire Fellowship...Entire Society...Whole Fellowship and Whole Society are Bill's constant reference as A.A.s true voice! We have "come of age"! Indeed, all members of our Society...our entire Fellowship deserve credit.

Thank you, for welcoming me, as one more member.

With much Love,

Gary P.

Panel 70 Delegate - Area 92

#### **Area Alternate Delegate**

Good Morning Everyone!

Ben Nelson alcoholic, I am honored to serve as your Alternate Delegate on Panel 70. My position requires me to stay close to our Delegate and stay fully informed. This is a relatively easy task as Gary P. has been literally hounds me to the end of the earth passing on information I would need, should I be required to help out. You can run but you can't hide.... I wasn't even able to hide out in Glacier National Park a few weeks ago!!!! All joking aside, I'm fortunate to work aside Gary; we are like minded in our love for Alcoholic Anonymous and the awesome Fellowship of Area 92. It has been a lot of fun the past few months scheduling Districts for Gary's Delegate's Report. For those of you who have yet to schedule a date, get with me soon. Available dates remaining: August 2,9,16, and 23...You all worked so hard on the Agenda review this spring, this is when we get to hear how it all turned out.....the voice of Alcoholics Anonymous! The presentation is informative and FUN... You don't want to miss it!

Recently I was contacted by Carrie C., Area 47 Alternate Delegate (Central NY). Carrie is heading up the formation of an Alternate Delegates monthly meeting; "in an effort to build unity across North America Areas". Excited for the opportunity, I instantly agreed to join in and will be looking forward to sharing with our Area Fellowship the news and information I am able to gather. Times and dates are TBD, so stay tuned!

I was amazed how well the Standing Committee workshop came off, I think it was a good sign of things to come in terms of making this available to everyone....

It appears the October Assembly will have a fair amount of business to attend to. The Area GSR School would be ideal for those of you who have yet to experience that process. A great team of Past Delegates are standing by to help you new GSRS "tune up" so let's get something going there!

#### Registrar

As Registrar, My focus has been updating the Group Information database to its full potential as an effective means of communication with the Body of Area 92. Benjamin G., Newsletter Editor has joined me in this effort. Our Newsletter plays an integral role in informing the Fellowship of our Area, utilizing that database for Newsletter distribution to our Group GSRs. The Newsletter is vital to the *Unity* and overall Area *informed conscience*. Reaching out, informing as many Groups as possible ensures the voice of Area 92 as a whole will be heard.

There are 482 active Groups in our Area. To date 61 (12.5%) have been updated via the Area website Group Information Change Form. Realizing some Groups have updated their information directly with GSO. We do not have access to GSO information as the transition to the NetSuite system and the pandemic have caused a major setback. Taking a proactive approach, we're asking the new or old GSR to take the 5 minutes to complete this form: https://forms.gle/uEiRtB6aXXV17CZk9

\*DCMS: a flyer with this form and the "5 steps to get connected" to help meet this need will be placed in all mail boxes at the July Quarterly and October Assembly. WE NEED YOUR HELP!

#### **Area Chairperson**

It's truly an honor to serve as your Area 92 Chairperson. This is definitely not how I figured we would be holding the July Quarterly. I want to express my appreciation to all the members that are helping to make this event happen today. Jennifer W. our Digital Communication Coordinator and Web Committee member, Gina from Coeur D'Alene and Chris M from the Ad Hoc Committee on Video Conferencing. My appreciation also goes to all the service being done in your groups and districts during this difficult time due to the restrictions on gatherings.

Like all of you, I am continuing to attend as many AA meetings on Zoom a week as I can. I've gone online to the GSO website to listen to some of the speakers from the International. I have really enjoyed listening to some of the speakers especially those from other countries. I hope you have as well. Please try it, as we have the opportunity to hear speakers from all over the world. Please remember to pass this information on to your group members as it will be available thru the month of July at <a href="https://www.aa.org">www.aa.org</a> What a blessing to be a sober alcoholic at this time and have these kinds of opportunities, not only to be of service but to experience AA worldwide. It is truly a blessing.

Weekly, I attend an Area Chair Rap Session with other AA Chairpersons from the US and Canada. It has been very informative. I can tell you the ARea Chairs around the country are all talking about the same issues. We are all doing area events on Zoom. The next big discussion items will be how do we start the reopening process for area events such as Quarterlies and Assemblies. The other issue we are starting to discuss is looking into the possibility of hybrid area events. None of the Area have attempted this yet, that I know of, but some are doing committee workshops hybrid utilizing Zoom.

I attended the Standing Committee Workshop on Saturday June 20th . Wow that was great, I really enjoyed it and they had a great turnout. I think there were about 45 members attending. I'm not sure but I think it's been a while since we've had that many people attend a standing committee workshop, except the one in March. They did a wonderful job sharing their job responsibilities with the Area members.

I met with the PNC Committee on Wednesday, July 1st and we are moving along. Allen D, our past delegate will be chairing the event.. The PNC1948.org website has been updated with the new information for the location and contacts. Please check it out. If you are interested in participating or just listening to the discussion please let me know and we will include you in the meetings which are the first wednesday of each month.

I also attended the first Delegates report last Sunday, given by Gary P our current Delegate. It was attended by approximately 45 members. He did a really good job. I stayed for the whole report and was not bored. It was very interesting.

I am finding that in order to continue the theme of communication, I need to utilize G-suites, Google drive and email. So I sent an email with most of the information that we will be discussing today either attached or in the google drive. We will be reviewing three Ad Hoc Committee reports as well as other area business.

I hope you all remember to submit your Districts and Groups newsletter articles. I enjoy reading how each District is doing. The DCMs are invited to a DCM sharing session the last Tuesday of each month. We discuss whatever is on their minds at the time. So the next one will be Tuesday July 28th at 7PM. Looking forward to seeing you there.

Thank you for allowing me to serve you.

Diana M Area Chairperson / Panel 70

#### **Area Treasurer**

Hello AREA 92

I just recently returned from the Oregon coast with two of my dear friends. It was a beautiful weeklong vacation. The ocean has magical powers that seem to invigorate and lift your spirits up. It sure did mine.

Prudent Reserve Balance as of June 30. 2020 is \$2,500.20.

Our monthly bills were paid and additional bills/expenses included:

Benjamin G----\$567.09 (Newsletter seed money and supplies)

Geraldo S. ----\$ 20.00 (zoom)

Grapevine---- \$ 41.97 (PI) for treatment

Ben N.---- \$ 135.56 (supplies)

I have included the **P and L report** for your perusal.

#### FY20 Quarter 2

Total Income for the quarter was \$5,285.97
Total itemized expenses were \$5,963.03
Our net operating income for the quarter was \$-677.06

Our check book balance is **\$15,097.49**, which includes an outstanding check (1641) to General service for the Delegate funding.

With my report for  $2^{nd}$  quarter, I have also included the  $1^{st}$  quarter P & L official report for your perusal, since we were unable to produce a QBs report at that time.

To conclude, even though contributions are down, I feel WSEA is holding its own. Thanks to everyone: elected officers, appointed chairs, and all our wonderful AREA 92 membership for your dedication and generosity of time and contributions.

Finally, I would also like to give kudos to the alternate treasurer who works very closely with me. We continue feverishly to work out kinks in QBs together and as things are getting better we have plans to sit down with a CPA to oversee our current work in setting it up.

Thank you for the honor of allowing me to serve as WSEA AREA 92 Treasurer. I will continue to be a vigilant steward of your treasury. Please do not hesitate to send an email and request a report. Blessings and virtual hugs to all. (I miss my hugs!)

Please send all contributions to:

Washington State East AREA 92 PO Box 103 1314 S Grand Blvd. Suite 2 Spokane, WA. 99202-1174

YIS Jan R WSEA 92 Treasurer (208) 416-9507

#### **Area Alternate Treasurer**

Welcome Area 92!

My Name is Cindy and I am an alcoholic currently serving as your Panel 70, Area 92, Alt-Treasurer.

First I would like to thank all of you that have joined today and I hope you have been safe and healthy during these trying times of COVID 19. I also want to thank everyone involved with making it possible for us to meet today via Zoom and be able to continue with Area 92 functions and business.

On the screen you are seeing the quarterly report for contributions (from our new accounting system YAY!!). I have included the first quarter contributions in my report as well, since we did not go over them in March at the Zoom Assembly. The first quarter 2020 contributions were \$11,160.38. Those were right on track compared to first quarter 2019. The second quarter 2020 contributions were \$5,285.97 This was down approximately 57% from the second quarter 2019. We absolutely know the cause of this and actually I'm pretty excited about what the Area did receive despite the shut down. A huge thank you to the Districts, Groups and alot of personal contributions for the support you were able to still provide. July contributions sofar are looking great and will be pretty close to or will exceed July 2019. It is my opinion that Area 92s financial status is stable at this time as long as we as an Area are mindful of expenses until we can transition back into our "normal" way of doing business.

Each DCM should have received a copy of the financial statements to share with your districts. I would like to remind you all that these statements are confidential and should not be shared with non members. If you have any questions on contributions or would like a copy of the list for the Area or just your District, please email me and I can get it out to you either by email or mail. I would also like to remind everyone that when sending a contribution, please include your Group Name, Group Number and Group District. There are alot of Groups with the same or similar names in Area 92 and I am having some trouble identifying them. Review your Districts contribution list and make sure your information is there. If not, please email me and I will fix it. Thank you again for all of your support. My wish and prayers are that we will all be together again soon.

YIS Cindy Hicks Area 92 Alt-Treasurer / P70

# WA State East Area 92 Finance Committee

#### Finance Committee Response to Motion:

In response to the motion for the Finance Committee to approve the purchase an upgraded version of Zoom Business Plan for the Area to conduct video conferencing, the Finance Committee held a meeting on June 5, 2020 to review the submitted motion. After extensive review and discussion, the Finance Committee did not approve this purchase.

Highlights of the discussion are as follows:

After reviewing the current Treasury Report, the monthly contributions for 1st quarter were stable but April and May are down 70% from last year. Current expenditures aside, the Finance Committee felt this would not be a financially prudent expense at this time. While it is likely the July Qtrly will be held via Zoom, It is not clear if the October Assembly has been canceled (in person). Although there is not the cost for these events going out, the income that would normally cover them is not coming in either.

Although side-by-side comparisons of the Pro to Business plan were not provided in the motion background nor reasons for the requirement to have the Business Plan features, the Finance Committee did basic investigation of both plans and determined the current Pro Plan is seemed to be adequate for the listed service events. The Pro Plan has adaptable add-ons for additional hosts and participants. Also, because the Pro Plan can be customized from month-to-month there doesn't appear to be an added benefit to lock into 6-month pricing.

The Finance Committee also discussed the purpose of the motion to them and why it was made to the Finance Committee for the approval and not a recommendation. They Finance Committee understands that this is unprecedented times but even If this would have been a request for recommendation, the Finance Committee felt that this would, or should, be presented to the "body" for approval.

Thank you for the opportunity to serve,

Area 92 Finance Committee

Cindy H. Area 92 Finance Committee Chair

# WASHINGTON STATE EAST AREA 92 FINANCE COMMITTEE GUIDELINES

# Purpose

The Washington State East Area 92 (WSEA 92) Finance Committee's purpose is to be a resource to the Area Committee on financial matters.

# Composition

The Finance Committee is chaired by the elected Alternate Treasurer. Members are composed of the WSEA 92 Treasurer, a past delegate, and up to six-committee-members that are appointed by the Alternate Treasurer with a demonstrated interest in the Alcoholics Anonymous Traditions and general service.

#### **Functions**

- Assist members, groups, and districts in determining the financial impact of motions.
- Recommend process improvements for the Area to operate with financial prudence.
- Review and make recommendations on submitted purchase requests.
- Review and approve the yearly budget.
- Retain approved minutes of all Finance Committee meetings.

# **Guiding Principles**

- The conscience of the Finance Committee operates on the principle of substantial unanimity.
- The groups having the authority to make financial decisions have delegated some of that authority to the Finance Committee.
- Finance Committee members are endowed with the Third Concept "Right of Decision".
- Concept X "Every service responsibility should be matched by an equal service authority the scope of such authority to be always well defined whether by tradition, by resolution, by specific job description or by appropriate charters and bylaws."

#### **Area Motion 1**

#### **Motions Process**

#### Maker: Ad-Hoc Committee on "Motion Process" Dave Mc – Chair

The Ad-Hoc committee on "Motion Process" moves that WSEA 92 adopt the "Area 92 Proposal Process Flow Chart" and Proposal Form (including a checklist on how to write a good proposal).

Includes forming an Agenda Committee consisting of:

Area Chair (chairperson)

One Past Delegate (appointed by chairperson)

Two Current DCMs (appointed by chairperson)

- This group will act as a committee to evaluate and process proposals that do not fall under any of the standing committees.
- The Agenda committee would have to meet prior to Saturday business at assemblies to review possible floor motions.

# List the primary benefits of your proposal to the area. What will happen if we adopt this proposal?

- Gives members a clear path to bring ideas forward for review, discussion, and possible motion submission.
- This process encourages participation in standing committees.
- Motion process at assemblies and quarterlies should be more thought out reducing the amount of time we spend amending motions.
- A well-planned proposal will help keep meetings moving along and help members make an informed vote.
- This provides a consistent mechanism for moving motions from one assembly to the next.

#### Area 92 Proposal Form

The purpose of the proposal process is for members to bring ideas forward for review, discussion, and possible motion submission more efficiently in a committee setting.

Author's name (include district):

Dave Mc (Chair) Ad-Hoc Committee on "Motion Process"

Author's Email:

Author's Phone Number:

Delegate56@area92aa.org

509-710-1802

#### What is the proposal?

The Ad-Hoc committee on "Motion Process" moves that WSEA 92 adopt the "Area 92 Proposal Process Flow Chart" and Proposal Form (including a checklist on how to write a good proposal).

- -Includes forming an Agenda Committee consisting of:
  - -Area Chair (chairperson)
  - -One Past Delegate (appointed by chairperson)
  - -Two Current DCMs (appointed by chairperson)
    - -This group will act as a committee to triage and process proposals that do not fall under any of the standing committees.
    - -The Agenda committee would have to meet prior to Saturday business at assemblies to review possible floor motions.

#### List any supporting documentation or background material and attach to this proposal (if any):

Area 92 Proposal Process Flow Chart

Proposal Form (including a checklist on how to write a good proposal)

#### List the primary benefits of your proposal to the area. What will happen if we adopt this proposal?

Gives members a clear path to bring ideas forward for review, discussion, and possible motion submission.

This process encourages participation in standing committees.

Motion process at assemblies and quarterlies should be more thought out reducing the amount of time we spend amending motions.

A well-planned proposal will help keep meetings moving along and help members make an informed vote.

This provides a consistent mechanism for moving motions from one assembly to the next.

#### What will happen if this proposal is not adopted?

n/a

Financial impact? Outline where funding would come from. Explain if this is a one-time or ongoing expense.

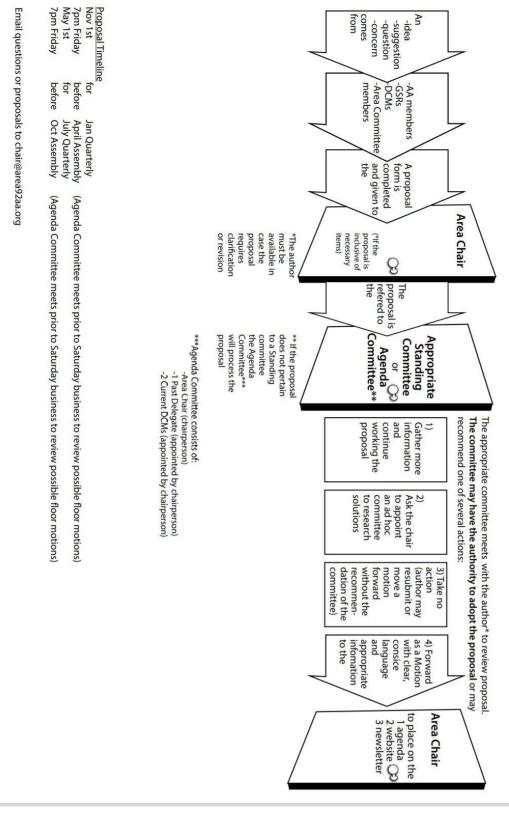
n/a

See back for Helpful Suggestions for Writing a Good Proposal

# Area 92 Ne

# Area 92 Proposal Process

The purpose of the proposal process is for members to bring ideas forward for review, discussion, and possible motion submission more efficiently in a committee setting.



# Area 92 Proposal Form The purpose of the proposal process is for members to bring ideas forward for review, discussion, and possible motion submission more efficiently in a committee setting. Author's name (include district): Author's Email: Author's Phone Number: What is the proposal? List any supporting documentation or background material and attach to this proposal (if any): List the primary benefits of your proposal to the area. What will happen if we adopt this proposal? What will happen if this proposal is not adopted? Financial impact? Outline where funding would come from. Explain if this is a one-time or ongoing expense. See back for Helpful Suggestions for Writing a Good Proposal

#### Helpful Suggestions for Writing a Good Proposal

The purpose of this proposal process is for members to bring ideas forward for review, discussion, and possible motion submission more efficiently in a **committee setting**.

- A well-planned proposal will help keep meetings moving along and help members make an informed vote.
- A well-written proposal is specific and concise. By writing a clear proposal, you will reduce the time spent in discussion and in making amendments.
- · A proposal should contain only one idea, concern or topic.
- Review your proposal carefully and determine if it asks for a clear action to be taken.
   Use clear and concise language.
- · Spell out all of the details, not leaving anything to chance.
- Rely on standing committees for assistance. Ask others to review your proposal and offer feedback.
- Anticipate questions and objections and answer them in your proposal (include relevant summaries in supporting documents).
- · Include supporting documents or background.
- · Include how the action will be funded.
- · State a time frame when applicable.

#### **Motion to Amend Description of Area Newsletter Editor**

Submitted by the Area 92 Standing Committee Chairs

Under Section 8.3- Area Newsletter Editor-Credit Line:

**Current Wording:** 

Area-wide Newsletter workshop (1 per year)

Move to Change wording to:

Area-wide Newsletter Workshops (4 per Year)

#### **Background**

This motion change will allow full funding for the Area Newsletter Editor to attend four Area workshops per year.

- Current practice is that the Standing Committees have been holding combined committee workshops each quarter, one of which in March, has been dedicated to the discussion of the General Service Conference Agenda. If full funding is granted, then the Area Newsletter Editor would be able to attend the other 3 workshops.
- The Position of the Newsletter Editor and Newsletter Committee is concerned with the operations of the Area 92 committee and should have the opportunity to participate equally (in Spiritual Parity), with that of the rest of the appointed standing committee chairs.
- Committee building and communication is a year-round process and should not be limited to one workshop per year.

#### **Financial Consideration**

This would affect reimbursements to meals and mileage. Location of the workshops rotate and the mileage would vary from point-to-point. Also, meals are often provided by the hosting districts, which should reduce any meal reimbursement. It is the intent more to provide equal participation, and financial considerations should never be a road-block for a service position.

#### **Spiritual Parity**

From Section 7.0 - Area Appointed Offices and Standing Committees- Area 92 Handbook

"All of these selections are affirmed by the Washington State East Area 92 Committee at the first January quarterly meeting of the new committee. Given full "Right of Participation" as defined in Concept IV in Area 92 quarterlies and assemblies. "

In the spirit of the full "Right of Participation", this would help this committee meet that ideal.

#### **Motion to Amend Translation Chair**

Submitted by the Area 92 Committee Chairs

Under Section 8.9 Expenses reimbursed by WA State East Area 92 Section 3

Current Wording: Area Translation Committee Workshop (1 per Year)

Move to change to: Area Wide Translation Workshops (4 per Year)

#### Background

The motion change would allow full funding Translation Chair to 4 Area workshops per year.

- The current practice is for the Translation Chair to Co-Host a Standing Committee Workshop and hold a Translation Workshop in the other year with each 2-year term.
- With full funding, the Translation Chair could travel to the Hispanic Districts and build comradery and help foster fellowship between the Area and the Hispanic recovering community. Be the line of communication that is described in Section 8.9 of our Handbook. Committee building to help the Hispanic community requires time, effort and face to face communication.

From Section 7.0 of the Handbook;

"All of these selections are affirmed by the Washington State East Area 92 Committee at the first January quarterly meeting of the new Committee. <u>Given full Right of Participation</u> as defined in Concept IV in Area 92 quarterlies and assemblies"

In the spirit of full "Right of Participation", this would help this Chair meet that ideal.

#### Washington State East Area 92 | COVID-19 Reopening - Service Piece

The purpose of this document is to provide information for groups to **CONSIDER** as they move toward reopening inperson meetings.

Due to the dynamics of the current situation, it is extremely important to have a group conscience meeting to plan & decide how reopening a meeting is to happen in a safe and spiritual way.

This service piece can be used for home groups, District meetings, Area meetings, Central Offices, and meetings brought into facilities such as treatment or correctional facilities. It will be updated regularly so please check back as things continue to change. More will be revealed!

As your group implements plans, procedures, updated text for meeting scripts, etc., please share with us so we can make your shared experience available to others at COVID19@area92.org

As all members are aware, gatherings present a special risk for increasing the spread of COVID-19 during this public health emergency. While each group is autonomous Tradition Four further states "except in matters affecting other groups or A.A. as a whole." Area 92 groups/meetings may consider, and accept or reject the following thoughts and practices from Areas across the U.S. and Canada, consistent with their own group conscience.

#### What you will find in this document:

- Getting Started
- Suggested Topics for Discussion as you Plan for Reopening
- Our Traditions
- Glossary
- Resources

It is suggested that each group be prepared in advance for reopening. Group members are encouraged to meet virtually & create their own reopening plan. In communities deemed by regional/local authorities to be significant mitigation areas, the risk to the larger community of resuming in-person gatherings can be taken into account and virtual options considered.

- Discuss with your landlords or facility contacts:
  - If they are ready for meetings to return (& be prepared to consider other options if the group will not be able to return to the space)
  - o If there are facility-specific procedures
  - Let them know the group's safety procedures (sanitizing, social distancing, masks, etc.)
- Check statewide regulations, regional regulations & CDC guidelines

"The law of the land does not stop at the door of AA."

- Refer to guidance from Area / GSO / etc., and reach out to District & Area with questions
- Do a walk-through to create a checklist of surfaces to disinfect & other safety procedures
- · Consider creating a service position specifically for this responsibility
- Once a homegroup has created their reopening plan through an informed group conscience, they may
  consider posting the reopening plan in a visible location at the meeting/event.

#### Suggested Topics for Discussion as You Plan for reopening

#### Meeting Procedures

- Safety protocols if someone comes to the meeting & is sick:
  - It is strongly encouraged that sick individuals do not attend meetings, to protect the well-being of other attendees, their families, the meeting space, etc.
  - Provide them with phone numbers, Zoom meeting info, & other resources in a plastic baggie to take home with them
  - Announce anonymously at the meeting that the group may have been exposed
  - Consider collecting email addresses to alert members
  - Consider contact tracing (see below for more info on contact tracing)
- Meeting scripts can be adjusted to include:
  - Group & facility safety guidelines explain that these are for everyone's safety.
  - How to stay connected if not able to come to in-person meetings
  - Where group members can find GSO, Area & District resources & guidelines
  - An explanation of contact tracing if your group decides to implement it
- Coffee / snacks:
  - Consider suspending all beverage and food service for the time being
  - Or consider a BYOB policy "Bring your Own Beverage"
  - If food and/or beverage is offered, discuss the following;
    - Purchase individually wrapped food items, or other individually wrapped and sealed products.
    - Disposable coffee cups, cup lids, coffee stirrers and plasticware
    - Individually wrapped sugar, sweetener and creamer packets
    - Consider having one person handle all hospitality while wearing PPE (face mask & gloves). This may limit gathering around coffee pots. This could be another service position.
- Literature:
  - Consider a BYOB policy "Bring your own Book"
  - Change format from passing the book to one person reading.
  - Place all shared literature in plastic sleeves and disinfect before and after the meeting.
  - Discuss eliminating all sharing of paper documents
  - Consider alternatives to sharing copies of Grapevine / La Viña (or have at least a 72 hour quarantine period for pre-owned or donated literature)
- Newcomers:
  - Pre-printed sheet of group members & phone numbers
  - Literature, phone numbers, pamphlets, & other resources can be placed in a plastic ziploc bag
- Anniversaries:
  - Consider how to handle coins, cake, cards, etc.
    - · Seal coins in plastic bags and hand directly to recipient
    - Eliminate cards
    - · Provide pre-packaged food items
- Accessibility:
  - Virtual option to increase accessibility

- Small in-person meetings for homebound individuals & how to do so safely
- o Finances:
  - Some of the items that the group discusses & determines to be requirements for reopening
    may require money (for example, the purchase of cleaning products or hand sanitizer).
     Ensure the group members and treasurer are informed of this.
- o Healthy hygiene practices, cleaning, disinfection, and ventilation
  - Consider posting signs on how to stop the spread of COVID-19 and encourage everyday
    protective measures, such as washing hands and covering coughs and sneezes \*\* See
    resources for website link for free printable Healthy Hygiene posters
  - Discuss the cleaning and disinfecting of frequently touched surfaces before and after meetings/event
  - Groups may wish to avoid the use of items that are not easily cleaned, sanitized, or disinfected, ie. chair cushions, baskets, Kleenex boxes.
  - It may be helpful to increase circulation of outdoor air as much as possible by opening windows and doors, using fans, etc.

#### Meeting Delivery Format

- Discuss whether your meeting will continue as an online meeting, meet in person only, or a combination of both.
- o Consider offering an online meeting at a day/time that does not conflict with other meetings
- Consider adding a service position for chairing online meeting(s)
- Update your meeting information with the Area / District in order to be listed accurately on area92aa.org and the intergroup / central office or district phone services

#### . Accessibility - In-person Meetings with Virtual (online) Component

- o Consider costs & availability of technology, ie., WIFI, technical knowledge, etc.
- o Consider whether the group will purchase their own account / technology or use a group member's
- Consider adding service position(s), e.g. virtual meeting host(s), "spiritual bouncer" for Zoom bombers, and/or technology chair

#### PPE (Personal Protective Equipment)

- Consider use of a <u>face covering</u> at all gatherings and when in the building by everyone except children age less than 2 years old. Not using a face covering may also be appropriate at times for some individuals who have trouble breathing or need assistance to remove their mask.
  - Should the group conscience determine face masks to be required, those not wishing to wear
    a face mask could be brought outside the meeting space by two homegroup members to talk
    or be given a list of phone numbers & virtual meetings
  - Meetings could provide masks purchased or made by group members for free or at cost
- Make hand sanitizer available to attendees (alcohol-free suggested)
- Provide gloves to trusted servants who handle meeting materials, 7th tradition, coffee servers etc.

#### Social Distancing

- Maximum number of meeting attendees:
  - Limit the size of gatherings in accordance with the guidance and directives of state and local authorities
  - Consider overflow space if too many people show up
    - Have 2 homegroup members go to overflow space with attendees
    - Check with facility on whether this is an option
- Space out seating for attendees to at least six feet apart.

- Consider mitigating the risk of transmitting <u>COVID-19</u> posed by close physical contact among members during area 92 meetings/events through <u>no physical contact</u> such as hugging and the joining of hands
  - Greeters: no handshakes or hugs
  - Consider how to end meeting with a socially distant circle
  - Consider moving fellowshipping before / after meeting in parking lot outside of meeting space
  - Consider virtual meetings/events

#### Contact Tracing

- What is it? Trace & monitor contacts of infected people. Notify them of their exposure. Support the
  quarantine of contacts. Help ensure the safe, sustainable & effective quarantine of contacts to
  prevent additional transmission.
- Consider how your group would inform other members and attendees if someone attended and tested positive for COVID-19
- Consider if / how your group will participate in contact tracing
  - Have a sign in sheet at the entrance- obtaining contact information, sanitize pens after each use
- o Consider how your group will handle confidentiality / anonymity
- Consider adding information in the meeting script to explain contact tracing

#### • 7th Tradition - How to Pass the Basket

- o Consider having one group member carry the basket around
- Provide gloves to the Chair / Treasurer (or whoever handles the money)
- Consider <u>digital options</u> of contributing
  - https://www.aa.org/assets/en\_US/SMF-223-FAQonVirtualBasket\_en.pdf
  - Options for Virtual Baskets & How to Set Them Up:
    - PayPal: <a href="https://www.youtube.com/watch?v=wlAo43FEj-l">https://www.youtube.com/watch?v=wlAo43FEj-l</a>
    - Square: https://www.youtube.com/watch?v=lqnKxrMo\_uQ
    - Stripe: https://www.youtube.com/watch?v=pxJB0QPtcnk
    - DonorBox: <a href="https://donorbox.zendesk.com/hc/en-us/articles/360020293192-How-To-Create-a-Donorbox-Org-Account">https://donorbox.zendesk.com/hc/en-us/articles/360020293192-How-To-Create-a-Donorbox-Org-Account</a>
    - Cashapp: <a href="https://www.youtube.com/watch?v=9LpC\_5Ke5HE">https://www.youtube.com/watch?v=9LpC\_5Ke5HE</a>
  - Post digital basket info in virtual meeting chat box
  - Digital basket info may be printed on meeting schedules
  - The group may wish to plasticize a card with digital basket info printed on it. These can be sanitized prior to handing to a member

#### Our Traditions

Above all, each group is asked to consider the AA principles as the guiding force to a group conscience &, in particular, to pay close attention to the following Traditions:

Tradition 4 Each group should be autonomous except in matters affecting other groups, or A.A. as a whole.

Tradition 5 Each group has but one primary purpose - to carry its message to the alcoholic who still suffers.

Tradition 7 Every A.A. group ought to be fully self-supporting, declining outside contributions.

**Tradition 10** Alcoholics Anonymous has no opinion on outside issues, hence the AA name ought never be drawn into public controversy.

**Tradition 11** Our public relations policy is based upon attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio & films.

**Tradition 12** Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

#### Glossary

- GSO General Service Office
- CDC Centers for Disease Control & Prevention
- . DOH Department of Health

#### Resources

- CDC: <a href="https://www.cdc.gov/coronavirus/2019-nCoV/index.html">https://www.cdc.gov/coronavirus/2019-nCoV/index.html</a>
  - Contact Tracing https://www.cdc.gov/coronavirus/2019-ncov/php/open-america/contact-tracing.html
  - Healthy Hygiene Postershttps://www.cdc.gov/healthywater/hygiene/resources/posters.html
- WA State DOH Call Center 1-800-525-0127 Press # after the prompt or <a href="https://www.doh.wa.gov/">https://www.doh.wa.gov/</a>
- Education & Information www.doh.wa.gov/emergencies/coronavirus
- Safe Start Washington A Phased Approach to Recovery <a href="http://www.governor.wa.gov">http://www.governor.wa.gov</a>
- MT State DOH Call Center 1-888-333-0469 <a href="https://dphhs.mt.gov/">https://dphhs.mt.gov/</a>
- ID Idaho COVID-19 Hotline 1-888-330-3010 <a href="https://healthandwelfare.idaho.gov/">https://healthandwelfare.idaho.gov/</a>
- OR State DOH https://govstatus.egov.com/OR-OHA-COVID-19
- Text the word "coronavirus" to 211-211 to receive information and updates on your phone
- GSO: Safety in AA <a href="https://www.aa.org/assets/en\_us/smf-209\_en.pdf">https://www.aa.org/assets/en\_us/smf-209\_en.pdf</a>
- GSO: Safety Card <a href="https://www.aa.org/assets/en\_US/f-211\_SafetyCardforAAGroups.pdf">https://www.aa.org/assets/en\_US/f-211\_SafetyCardforAAGroups.pdf</a>
- GSO: COVID Guidance <a href="https://www.aa.org/pages/en\_US/update-on-covid-19-coronavirus">https://www.aa.org/pages/en\_US/update-on-covid-19-coronavirus</a>
- Grapevine: <a href="https://www.aagrapevine.org">https://www.aagrapevine.org</a>

#### WA State East Area 92 Alcoholics Anonymous

# QUARTERLY PROFIT AND LOSS SUMMARY 1ST QUARTER January - March, 2020

	JAN - MAR, 2020	TOTAL
Income		
Contributions by Individuals/Groups/Districts	11,160.36	\$11,160.36
Group Contributions	0.00	\$0.00
Sales	0.02	\$0.02
Total Income	\$11,160.38	\$11,160.38
GROSS PROFIT	\$11,160.38	\$11,160.38
Expenses		
Alt Chair Expenses		\$0.00
Mileage	36.63	\$36.63
Total Alt Chair Expenses	36.63	\$36.63
Alternate Chair		\$0.00
Alternate Chair Lodging	99.17	\$99.17
Total Alternate Chair	99.17	\$99.17
Alternate Delegate		\$0.00
Lodging	99.17	\$99.17
Mileage	248.04	\$248.04
Total Alternate Delegate	347.21	\$347.21
Alternate Treasurer		\$0.00
Lodging	99.17	\$99.17
Mileage	29.92	\$29.92
Total Alternate Treasurer	129.09	\$129.09
Archives Chair		\$0.00
Archival Upkeep	751.00	\$751.00
Lodging	99.17	\$99.17
Mileage	212.29	\$212.29
Total Archives Chair	1,062.46	\$1,062.46
Archivist		\$0.00
Mileage	97.60	\$97.60
Total Archivist	97.60	\$97.60
Area Expenses	252.00	\$252.00
Bank Charges & Fees	4.94	\$4.94
Pay Pal	-11.83	\$ -11.83
Total Bank Charges & Fees	-6.89	\$ -6.89
Conference Contribution by Area 92	0.00	\$0.00
Projector and case	597.83	\$597.83
Tax Filing Fees	39.95	\$39.95
Web Site Operation & Maintenance	200.00	\$200.00
Total Area Expenses	1,082.89	\$1,082.89
Chair	9	\$0.00
Chair copies/supplies/postage	138.95	\$138.95
Lodging	99.17	\$99.17
Total Chair	238.12	\$238.12

Accrual Basis Friday, July 17, 2020 08:26 PM GMT-07:00

#### WA State East Area 92 Alcoholics Anonymous

#### QUARTERLY PROFIT AND LOSS SUMMARY 1ST QUARTER

January - March, 2020

	JAN - MAR, 2020	TOTAL
Corrections	70.00	\$70.00
Lodging	99.17	\$99.17
Meals	11.30	\$11.30
Total Corrections	180.47	\$180.47
CPC		\$0.00
Lodging	99.17	\$99.17
Total CPC	99.17	\$99.17
Delegate		\$0.00
Conference Funds	1,398.89	\$1,398.89
Lodging	99.17	\$99.17
Total Delegate	1,498.06	\$1,498.06
Delegate Fund	0.00	\$0.00
Grapevine/Literature		\$0.00
GVL Lodging	99.17	\$99.17
GVL Mileage	51.63	\$51.63
Total Grapevine/Literature	150.80	\$150.80
Meals & Entertainment	31.02	\$31.02
Mileage and Supplies 2019	64.38	\$64.38
Newsletter	500.00	\$500.00
Lodging	99.17	\$99.17
Mileage	115.44	\$115.44
Total Newsletter	714.61	\$714.61
Office Supplies & Software (deleted)	75.00	\$75.00
Office/General Administrative Expenses	184.53	\$184.53
Public Information		\$0.00
Lodging	99.17	\$99.17
mileage	163.83	\$163.83
Total Public Information	263.00	\$263.00
Secretary		\$0.00
Copies/Supplies/Postage	13.52	\$13.52
Lodging	99.17	\$99.17
Meals	10.00	\$10.00
mileage	200.00	\$200.00
Total Secretary	322.69	\$322.69
Translation		\$0.00
Lodging	99.17	\$99.17
Total Translation	99.17	\$99.17
Translator		\$0.00
Mileage	100.64	\$100.64
Total Translator	100.64	\$100.64
Treasurer		\$0.00
Lodging	99.17	\$99.17

Accrual Basis Friday, July 17, 2020 08:26 PM GMT-07:00

#### WA State East Area 92 Alcoholics Anonymous

#### QUARTERLY PROFIT AND LOSS SUMMARY 1ST QUARTER

January - March, 2020

	JAN - MAR, 2020	TOTAL
Mileage	174.02	\$174.02
Total Treasurer	273.19	\$273.19
Treatment/Assessabilities		\$0.00
Lodging	99.17	\$99.17
Total Treatment/Assessabilities	99.17	\$99.17
VOIDED		\$0.00
Total Expenses	\$7,249.07	\$7,249.07
NET OPERATING INCOME	\$3,911.31	\$3,911.31
NET INCOME	\$3,911.31	\$3,911.31

#### WA State East Area 92 Alcoholics Anonymous

#### QUARTERLY PROFIT AND LOSS SUMMARY 2ND QUARTER

April - June, 2020

	APR - JUN, 2020	TOTAL
Income		
Contributions by Individuals/Groups/Districts	5,285.97	\$5,285.97
Total Income	\$5,285.97	\$5,285.97
GROSS PROFIT	\$5,285.97	\$5,285.97
Expenses		
Alternate Delegate		\$0.00
Copies/Supplies/Postage	135.56	\$135.56
Miscellaneous	0.00	\$0.00
Total Alternate Delegate	135.56	\$135.56
Archives Chair		\$0.00
Archival Upkeep	504.00	\$504.00
Total Archives Chair	504.00	\$504.00
Area Expenses	307.74	\$307.74
Bank Charges & Fees		\$0.00
Pay Pal	-1.14	\$ -1.14
Total Bank Charges & Fees	-1.14	\$-1.14
Insurance	577.50	\$577.50
Pacific Northwest Conference 2021	2,943.16	\$2,943.16
Zoom	20.00	\$20.00
Total Area Expenses	3,847.26	\$3,847.26
Corrections		\$0.00
Grapevine Subscriptions	867.15	\$867.15
Total Corrections	867.15	\$867.15
Newsletter		\$0.00
Copies/Supplies/Postage	567.09	\$567.09
Total Newsletter	567.09	\$567.09
Public Information		\$0.00
Literature	41.97	\$41.97
Total Public Information	41.97	\$41.97
Total Expenses	\$5,963.03	\$5,963.03
NET OPERATING INCOME	\$ -677.06	\$ -677.06
NET INCOME	\$-677.06	\$ -677.06

#### WA State East Area 92 Alcoholics Anonymous

#### QUARTERLY PROFIT AND LOSS SUMMARY

January - June, 2020

	JAN - MAR, 2020	APR - JUN, 2020	TOTAL
Income			
Contributions by Individuals/Groups/Districts	11,160.36	5,285.97	\$16,446.33
Group Contributions	0.00		\$0.00
Sales	0.02		\$0.02
Total Income	\$11,160.38	\$5,285.97	\$16,446.35
GROSS PROFIT	\$11,160.38	\$5,285.97	\$16,446.35
Expenses			
Total Expenses			\$0.00
NET OPERATING INCOME	\$11,160.38	\$5,285.97	\$16,446.35
NET INCOME	\$11,160.38	\$5,285.97	\$16,446.35