Our Group Conscience

July 2020

Panel 70, Issue 7

Area 92 Newsletter
Mission Statement
To Report directly "to those they serve"; to publicize AA events; to be a forum for sharing and comment.



Trusted Servant and DCM Reports

Feature Articles

Newsletter Submissions Info

Area Contact Info
Upcoming Events and Flyers



Greetings Area 92!

Greetings Area 92! July saw our first virtual Area Quarterly. Much of the month was in preparation with the technical concerns and issues. The success was in the final outcome. But what can we compare it to? I continue to look for Journalists, Writers and Artists that might be interested in doing feature articles and contributions for the newsletter. Contact me if you would like to be on the mailing list. Thank you for the opportunity to be of Service!

Benjamin G. Newsletter Editor / WSEA 92 / Panel 70 / AA

Area 92 Newsletter Submissions newsletter@area92aa.org or

Mail to: Area 92 Newsletter

212 W Ironwood Drive Suite D PMB #212

Coeur d'Alene, Idaho 83814

Area Delegate

Greetings Area 92.

This past week, my service as the Area 92, Panel 70 Delegate crossed the six-month threshold. There has not been a single dull moment. On the contrary...at least some moments have been inflamed, dramatically altered, and/or materially complicated by the Covid 19 Pandemic.

Please consider just this Area's events:

- The first Standing Committee Workshop with our new panel 70 Committee Chairs in mid-December:
- The January Quarterly including DCM's and GSR's;
- The first ever "Zoom" based March 26th Agenda Item Reviews conducted with 80+ members and trusted servants online for over 6 hours;
- Frequent (at least weekly) individual and collective trusted servant calls and teleconferences;
- The hybrid (Zoom/In-person) Standing Committee (SC) Workshop on June 20th,

Now...envision the countless similar group meetings, along with District and Group, "Business" discussions (many digitally based).

Replicate all of the above for the other 92 Area's across the U.S and Canada and connect us all to the "work from home" GSO staff. The recent Box 459 lead article describes how this group re-engineered the cancelled 70th GSC conference into two separately scheduled sets of zoom meetings that encompassed 80+ online hours over nearly 3 weeks in May. And it worked quite well. Impressive.

Our Area Corrections Chair, Chris J. from Libby Montana, recently provided some superb closing thoughts at the June SC Workshop. Chris observed that in our recovery we must live "life on life's terms"...that when times get tough, we don't just close our eyes or bury our heads in the sand, we stay sober under all conditions. His admonition was "don't just roll over and give up, do something". It reminded me of the insightful proverb. "It is better to light a candle than curse the darkness."

Each of you contributes significantly to **carrying AA's message**, to unifying the body which **carries AA's message**, and to enabling the services which provide critical communication vehicles through which **AA's message is carried**. These three legacies of Recovery, Unity and Service, when combined, ensure that AA remains vibrant. Your efforts, <u>under all conditions</u>, are lifesaving, recognized and celebrated.

You inspire us! Ben N, Alternate Delegate, Jennifer W, Digital Communications Chair and I are looking forward to seeing many of you over the next several weeks in Delegate Report-Backs.

Until then, thank you!

With much love and gratitude,

Gary P.

Area Alternate Delegate

July 3, 2020

Greetings WSEA 92 AA Fellowship!!

This past month has been helping Gary P. with scheduling Districts for his 70th General Service Conference Report. Gary has prepared a pretty awesome slide presentation. Districts that have yet to schedule, are encouraged to do so soon allowing everyone ample time to "save the date". This is a great, (AND FUN!) opportunity to learn the results of all the good work everyone put forth this spring during the Agenda review process. Thus far 9 Districts have been scheduled filling the available July slots. August 2, 9, 16, and 23 dates remain open. **NOTE:** Individuals that are unable to attend their District's scheduled date, are welcomed to jump in on any one of the sessions....you do not want to miss out!

Recently I was contacted by Carrie C., Area 47 Alternate Delegate (Central NY). Carrie is heading up the formation of an Alternate Delegates monthly meeting; "in an effort to build unity across North America Areas". Excited for the opportunity, I instantly agreed to join in and will be looking forward to sharing with our Area Fellowship the news and information I am able to gather. Times and dates are TBD, so stay tuned!

It was an absolute pleasure attending the June Standing Committee Workshop. The Chairs did a wonderful job describing their committee's vital service work and addressing questions. Looking to get into service? Check these folks out... I will definitely be attending the workshop in September.

Looking forward to seeing everyone in virtual Yakima.....

"Service to others is the rent you pay for your room here on earth"
....Muhammad Ali

Always grateful to serve,

Ben N.

Area Chairperson

July 5, 2020

June is such a beautiful month in the Methow Valley and I have been able to enjoy smelling the roses, so to speak. The rains we've had have just made the valley greener. I know July brings brown so I've been enjoying even the rain. I'm learning to live in the moment. I am also continuing to attend as many AA meetings on Zoom a week as I can work into my busy schedule. Please remember GSO has the International on Zoom at www.aa.org. Please try it as we have the opportunity to hear speakers from all over the world. What a blessing to be a sober alcoholic at this time and have these kinds of opportunities, not only to be of service but to experience AA worldwide. It is truly a blessing.

I attended the Standing Committee Workshop on Saturday June 20. Wow that was great, I really enjoyed the workshop and we had a great turnout for it. I think there were about 45 members attending. I'm not sure but I think it's been a while since we've had that many people attend a standing committee workshop, except the one in March. They did a wonderful job helping to spread the message regarding each of their responsibilities.

I met with the PNC Committee on Wednesday, July 1st and we are moving along. Allen D, our past delegate will be chairing the event.. The PNC1948.org website has been updated by Jennifer, our Digital Communication Coordinator. Please check it out. If you are interested in participating or just listening to the discussion please let me know and we will include you in the meetings which are the first Wednesday of each month.

An email with some of the information which we will be discussing at the July Quarterly has been sent to all Area Committee Members. If you did not receive it please let me know so I can resend it to you. We will be reviewing the Ad Hoc Committee reports as well as other area business.

The Ad Hoc committees on Video Conferencing is meeting regularly to help with the July Quarterly. We are getting excited about the event and I for one am looking forward to seeing all of you.

I hope you all remember to submit your Districts ad Groups newsletter articles. I enjoy reading how you are doing.

Thank you for allowing me to serve you.

Diana M Area Chair

Area Alternate Chairperson

Area Treasurer

Hello AREA 92

I just recently returned from the Oregon coast with two of my dear friends. It was a beautiful weeklong vacation. The ocean has magical powers that seem to invigorate and lift your spirits up. It sure did mine. **Prudent Reserve Balance** as of June 30. 2020 is \$2,500.20.

Our monthly bills were paid and additional bills/expenses included:

Benjamin G----\$567.09 (Newsletter seed money and supplies)

Geraldo S. ----\$ 20.00 (zoom)

Grapevine---- \$ 41.97 (PI) for treatment

Ben N.----- \$ 135.56 (supplies)

I have included the **P and L report** for your perusal.

FY20 Quarter 2

Total Income for the quarter was \$5,285.97
Total itemized expenses were \$5,963.03
Our net operating income for the quarter was \$-677.06

Our check book balance is **\$15,097.49**, which includes an outstanding check (1641) to General service for the Delegate funding.

Even though contributions are down, I feel WSEA is holding its own. Thanks to everyone, elected officers, appointed chairs, and all of our wonderful AREA 92 membership for your dedication and generosity of time and contributions. I would like to give kudos to the alternate treasurer who works very closely with me.

Thank you for the honor of allowing me to serve as Treasurer. I will continue to be a vigilant steward of your treasury. I look forward to seeing a lot of you at the July Quarterly zoom meeting. Please send all contributions to:

Washington State East AREA 92 PO Box 103 1314 S Grand Blvd. Suite 2 Spokane, WA. 99202-1174

YIS Jan R WSEA 92 Treasurer (208) 416-9507

Area Alternate Treasurer

Greetings Area 92

I hope everyone had a safe and fun 4th of July.

The contributions for the month of June 2020 were **\$1,805.96**. I have submitted the 2nd Qtr Contributions Report for the Newsletter. The total contributions for the second quarter were **\$5285.97.00**. The total 2nd Qtr. contributions are down approximately 60% from the 2nd Qtr 2019. We still have our fixed monthly expenses, but do not have any of the expenses that come with the Area functions. Our financial needs are being met thanks to the generous contributions that are still coming in. Thank you. You are always welcome to email me for a copy of your Districts contributions for this quarter or for any month. I will be emailing the report out to all DCM's this next week. Thank you to all the groups and Districts for your contributions.

Please send all contributions to:

Washington State East Area 92
1314 S. Grand Blvd. Suite 2, Box #103
Spokane, WA 99202-1174
Or
PayPal
(accessed from our website Area92aa.org)

Please include your **Group Name**, **Group ID Number** and **District** # on the contribution(s) to ensure that I give proper credit to the contributing groups or if this is a personal contribution, indicate "personal" in the memo line.. Contributions can also be made on the AREA 92 website by PayPal. It is set up to generate all personal/group information. **If you use PayPal please be complete with your information**. You will get a receipt for the full amount but the fees will become a line item in our budget. If you are in need of a receipt prior to when we can convene again for business, email me with your information and I will gladly send them to you.

Be safe, healthy and God Bless

YIS
Cindy H.
Area 92 Alt-Treasurer
alt-treasurer@area92aa.org
Finance Committee Chair

Area Secretary

Hello WSEA 92!

I hope you all had a wonderful 4th of July Holiday. Well I am happy to report that the revised WSEA 92 handbook is complete. It will be disbursed for your review on or before the July Quarterly. Speaking of July Quarterly I hope to see all you DCM's. I have recently sent out your report forms and encouraged you to use your Newsletter as a tool. I am still currently sitting in as PNC 2021 Secretary. There is still positions available if you would like to reach out to the PNC Chair Allen D. or you can let me know and I will certainly keep you in the loop. I hope to see all of you soon. Through these trying times my service family has been crucial for my spiritual sobriety. If you are thinking about jumping in in any level of service please reach out and I would be happy to help you or answer any questions you might have. secretary@area92aa.org

YIS.

Ann Marie WSEA 92 Secretary

Area Archives Chair

Greetings Area 92,

I have never been much of a history student, but since I was given the privilege to serve as your Area 92 Archives Chair, I have been delving into our history a little and I am finding it fascinating, and I hope you will too! Happy Reading!

A little history from International Conventions:

In July 1950, Alcoholics Anonymous' 15th Anniversary was marked with an International Convention in Cleveland, with some 3,000 people in attendance. One of the most significant events is the adoption of the Twelve Traditions. The Convention, held at the Cleveland Public Auditorium, also included the last public message to the fellowship by Dr. Bob, who stresses, in his brief remarks, Kindness and "Keeping it Simple."

July 1970, marks the 5th International Convention held in Miami. Attending are 11,000 people from 50 States and 27 Countries, as reported by Box 4-5-9, "the biggest assemblage of Alcoholics the World has ever seen - All of them Sober!" The keynote of which is the Declaration of Unity:

"This we owe to A.A. 's future: To place our common welfare first; to keep our fellowship United, for on A.A. Unity depend our lives, and the lives of those to come."

The Convention also marked Bill W.'s last public appearance at an A.A. Gathering.

The July 2020 International Convention in Detroit was cancelled due to Covid-19 pandemic. However, there is good news, as we now have an opportunity to bring together many of the special components that make International Conventions memorable - by utilizing a virtual platform. Throughout the month of July, a 2020 International Convention will come alive online to provide a new experience that includes speakers, a digital "Carrying the Message Pavilion", sharing from non-alcoholic friends and much more. Go to AA.org for the 2020 International Convention "A Virtual Experience." One I'm sure you won't want to miss!

In Love and Service, Lisa G.

Area Archivist

Hello to All and I hope this finds you safe and well!

As I learn more and more about the awesome service position of Archiving in Alcoholics Anonymous, I am taking my responsibility very seriously. As we navigate through this historic pandemic. I realize how important it is to collect documents of how it has affected AA. We have had to change the way we gather and carry the message to the alcoholic who still suffers along with conducting the normal day to day business just to keep AA running. There has been trial and error and what works and what doesn't. There may be success stories and stories of sadness.

I would love to gather your stories to archive. There are countless stories in the Big Book and other AA literature of real people and their struggle to stay sober and to carry the message. I feel strongly that people in the future will want to know how we managed through this time of trial and how this pandemic may even make changes in AA.

I have created a document you can use to forward me your stories. Please include your first name, group name and district, city and state. If you have a service position you can include that too! My contact information is below and on the document. (SEE PAGE 21)

We are also in the very early stages of adding an Archives Web page to the Area 92 website which is very exciting. I will be working with Archivists from other areas, the Web Team, the Archives Steering Committee to accomplish this. Stay tuned for more info!

Stay safe and sober,

Lisa D. Area 92 Archivist archivist@area92.org

Area Corrections Chair

Greetings Area 92.

The past few weeks have been very busy. The standing committee chairs met several times to discuss the standing committee workshop and come up with our presentations for it. Our hard work paid off and everybody did a great job with their presentation and was well prepared to answer any questions. Thanks to all who attended and a special thank you to Jennifer, Chris and Gina for the fantastic job they did with the technical aspect. All these things contribute to my feeling of gratitude for having such a great committee to be a part of.

One the corrections front we had a meeting with the committee last night. We felt that with the increase in reported cases of Covid 19 and some states scaling back reopening plans this was the time to revisit the idea of meetings in facilities. I will be drafting a letter to send to those in charge of volunteer services with a better plan than what we previously had. We will be presenting a plan where each inmate will be able to view or listen to either a recording or live presentation of an AA speaker on their respective J-Pay tablets. We have enlisted the help of two experts to handle the technical aspect and the cost of the service will come from the corrections budget since bringing literature in is currently not possible.

Overall, I have to say thank you for meetings and service for helping maintain a sense of normalcy during these crazy times.

Stay tuned, there will be more to come from corrections! I hope everyone is staying healthy and safe.

YIS

Chris J. Area 92 Corrections Chair

Area CPC Chair

Greetings Area 92!

I have been much busier these last couple of months. The standing committee chairs have been meeting on Zoom to prepare for the Standing Committee Workshop which was held June 20th and are getting ready for the quarterly this month.

Michelle (Area PI Chair) and I are having a zoom meeting on the 13th at 7:00 with the CPC and PI chairs. Please notify one of us to get more information if you are interested. Even though times are crazy right now there is still work that we can do. A member of District 17 who Mental Health Court case manager is requesting pamphlets and a rack! I am excited to help him with this. Please don't hesitate to contact me if you need anything!

YIS, Brande

Area Grapevine and Literature Chair

Hoping this finds the fellowship of Area 92 safe and in good health.

My name is Anna V., and I am your Area 92 Grapevine and Literature Chair. Personally, I am doing alright here in Yakima Valley considering everything that is going on. I am keeping busy here at home with work, family, and my recovery. Today I am thankful for an "up" day because this pandemic has really been a rollercoaster.

As your Area Servant, I am involved in many things and am looking forward to the next few months of activities. I was recently asked to be on the committee for the October Assembly Inventory, involved in the planning committee for the PNC in June 2021, and then the upcoming Quarterly in July hosted by my district 6. I have to make mention what a great team of people I was picked with that are the other committee members. They are the best support and make my job that much more easier and something to look forward to.

Thank you to all that attended the Standing Committee Workshop, and with this team I feel it was flawless and informative. With all that being said, I am still trying to connect and build with members and be of service to them. If you have any questions and or just want to talk please don't hesitate to reach out.

In Service, Anna V. 509-406-2262

Area Newsletter Editor

Greetings to all!

It is a privilege and honor to serve Area 92!

I continue to produce and promote the Area newsletter each month, the cost of which is averaging around \$100.00 a month, in addition I produce 20 hard copies and mail those out each month.

I participated in the Area Standing Committee workshop which turned out great.

I participate in the monthly SC committee meetings and look forward the next workshop.

I recently participated in a national poll of Newsletter Editors from across the conference and may attend a future national forum video conference for Newsletter Editors.

I continue to add to the Area email "subscription list" and work with the Registrar to add to the database when new groups register.

In addition, I continue to maintain a laptop computer owned by the area and keep the software up-to-date.

Personally, I continue to work with sponsees and attend District 8 meetings. I chair a weekly inperson meeting for my home group the Daily Reprieve at the Alano Club in North Idaho. I also chair treatment panels, Cisco-WebEx meetings with our local treatment facility KCDC.

I love to hear from members and trusted servants!

Yours in Service Benjamin G. Area Newsletter Editor / WSEA 92 / Panel 70 / AA

Area Public Information Chair

July 2020 Newsletter Submission

During the month of June, I began to cultivate new friendships in this fellowship through being of service. I had an idea to create a PowerPoint presentation for the Standing Committee Workshop and all of the team members came to the field and knocked it out of the park. The presentation was a huge success. While learning to work with my team members I was introduced to three new ladies. I was a little hesitant at first but I realized my skills only go so far and I was relieved to pass the ball on to the next players who had the skills needed to complete the project and present it using the Zoom platform. Here I see some huge growth in me. I like to keep a project all to myself and I don't need your help. You might not do it the way I would. By being open and willing, you teach me to be a team member and to stay right sized. This month we celebrate 18 years and I find it hard to believe it has been this long since I have taken a drink. What a gift. Thank you for the quality of my life because without you I would be nothing.

Today's reminder ... Today I will take a few minutes to acknowledge my growth. I am not perfect, but I certainly have made progress.

In Love and Service, Michelle W. WSEA 92 Public Information Chair / Panel 70

Area Treatment Chair

Notes from the Treatment/Accessibilities

During the month of June I had the honor and privilege to cohost with district 17 our, first ever Standing committee workshop via Zoom. Jackie W. DCM District 17, thank you so much for being a amazing facilitator and host. Thanks to our area zoom, data specialist, Jennifer, Gina, and Chris. These ladies facilitated music, fliers, slides, allowed also to be prepared for anyone needing translation.

Huge thank you to our Area chairs, Lisa G Our Archives chair, Anna Grapevine and literature chair, Brande CPC chair, Chris corrections chair, Michelle PI chair and slide creator, Doug Translation chair, and Benjamin Newsletter chair. This group put together a amazing workshop. I am forever thankful for their commitment and dedication to service. We had over 40 people in attendance. It's truly hard not being together seeing everyone face to face. So when we decided to move the Standing committee workshop to zoom this group showed up for weekly meetings and hours of preparing. It was such a amazing journey putting this together.

We are off preparing for the July quarterly. We are meeting weekly to make sure when you, our area needs information, we are prepared to be ready to serve you as a committee, to be a part of service in Panel 70 where communication is the key, to link us all together even when we are apart.

I encourage everyone to sign on for the July quarterly the flyer is out with meeting ID and password share your voice.

The committee has some motions coming to the floor for consideration to move to the body for our next Assembly. These motions will allow our chairs to continue to meet as appointed and put together more complete workshops for your Area92.

Reminder: I am still looking for a volunteer to serve as our Area Bridge coordinator. If you or someone you know is interested in this opportunity please call or email me.

I hosted my first Treatment/Accessibilities monthly meeting on June 29th on Google meet/hangouts at 7pm. We had some amazing conversation so mark your calendars for July 29th at 7pm for our next meeting. To join us by phone you can call in 1-425-441-8732 PIN number 393956774

Or contact me at: treatment@area92aa.org and I will send you an invite.

Reminder that anyone can serve on a committee come learn ask questions and join the joys of service. One of the most incredible part about AA is that there's a job or a service position for all.

Thank you all for allowing me to grow and change on a daily basis. Fran

Area Translation Chair

Translation is still struggling in finding bilingual interpreters for Area 92 events and translators for the written word. We know by experience, that Google translate or Microsoft Word translate do not translate perfectly as they use proper Spanish in their programs. With all the different dialects in Mexico, Central and South America, it is not as simple in just pushing a button and expecting the translation to be correct. So please if you want to be of service, this is a necessary and needed service and a way to help from home.

Yours in service.

Doug M Translation Chair Area 92 AA

Finance Committee

See Alt. Treasurer Report

Greetings Area 92

June proved to be pretty busy for the Finance Committee. We had two meetings. The first was on June 5, 2020. At this meeting the FC was presented with a motion to approve the purchase of an upgraded version of zoom. The FC reviewed the current financial situation of the Area and felt it was not a prudent purchase at the time and also felt this was a cost that should be presented to the entire Area 92 body and not a decision they should be making. (The motion and FC response documents have been sent to your District DCM's for distribution or can be emailed upon request). The FC also reviewed and edited the draft Finance Committee Guidelines. Alt-Treasurer Cindy H., and Treasurer Jan R discussed the Quick Books Online accounting, and requested that they be able to acquire an accountant or CPA, that has QB Online experience, to review and help with some issues they are running into with setup and entries. The FC motioned that they come back in two weeks with 3 bids for them to review.

The next meeting was on June 19, 2020. The FC finalized and approved the Finance Committee Guidelines. (They have been sent to the District DCM's for distribution or can be emailed upon request). The Alt-Treasurer and Treasurer request for assistance was discussed. There had been little contact made with anyone due to COVID. Dolores E., on behalf of Cindy H., was able to talk with

one person that was listed on the QB Online help listing. She was very experienced with QB Online and Cindy H. will follow up with her about placing a bid for assistance. Jan R. was going to follow up with another contact she had researched as well. They will call a meeting when all information is obtained.

The Finance Committee discussed the desire to have a link on the Area website to post their minutes and documents for viewing. This will be researched in the near future.

YIS
Cindy H.
Finance Committee Chair
Area 92 Alt-Treasurer
alt-treasurer@area92aa.org

Website Committee

See Alt. Chair Report

Area Registrar

Fellow WSEA 92 trusted servants,

Want to be heard? We want to hear you!

As Registrar, My focus has been updating the Group Information database to its full potential as an effective means of communication with the Body of Area 92. Benjamin G., Newsletter Editor has joined me in this effort. His service position plays an integral role in informing the Fellowship of our Area, utilizing that database for Newsletter distribution to our Group GSRs. The Newsletter is vital to the *Unity* and overall Area *informed conscience*. Reaching out, informing as many Groups as possible ensures the voice of Area 92 as a whole will be heard.

There are 480 active Groups in our Area. To date 60 (12.5%) have been updated via the Area website Group Information Change Form. Realizing some Groups have updated their information directly with GSO. We do not have access to GSO information as the transition to the NetSuite system and the pandemic have caused a major setback. Taking a proactive approach, we're asking the new or old GSR to take the 5 minutes to complete this form: https://forms.gle/uEiRtB6aXXV17CZk9

*DCMS: a flyer with this form and the "5 steps to get connected" to help meet this need will be placed in all mail boxes at the July Quarterly and October Assembly. WE NEED YOUR HELP! Please do not hesitate to call me with any questions or concerns: 208-755-2345. Thank You!

Always grateful to serve, Ben N

District and DCM Reports

District 8

On June 13 the 3rd Legacy Committee hosted "AA in the NEW Digital Age" workshop at the Alano Club and via Zoom from 2-4 pm. There were 32 in attendance, 16 in person and 16 on Zoom. There were 8 presenters. We had several technical challenges with the Zoom meeting, the sound, the PowerPoint presentations, the questions and answers, and if it wasn't for Rolf and Helen's expertise with technology it would have been a disaster. As it was, we went 20 minutes after 4 and several people had already logged off or left the club.

Gary P (*Area 92 Delegate*), he gave a summary of his experience attending the General Service Conference via Zoom. He had a very positive experienced and was impressed by the advantages and convenience. He also gave a history of banking and how just few years ago no one would ever think we could do our banking from our computer or cell phones.

Benjamin G (Area 92 Newsletter) talked about a variety of AA online websites & resources that are available to us. There were several websites that most of us had never heard of and were full of useful information. He discovered that if you Googled our Central office you would be directed to Recovery Center that provided a 1 800 number you could call to get help getting sober. There was some eye opening and almost frightening awareness's that is affecting AA as a whole and could easily mislead any newcomer about what AA is.

Rolf M (Past District 8 Corrections Chair) gave us a list of suggested Zoom meeting etiquettes to use when you are an AA Zoom meeting participant. He also shared the importance of being a responsible and knowledgeable host of a Zoom meeting. Some of his suggestions were: change your name on screen to first name, last initial, maybe put your home group or where you live when visiting other meetings, please dress appropriately, don't walk around with your phone makes other people dizzy, take yourself off video and always be on mute unless you sharing.

Helen F (*District 8 Web Chair*) reviewed our local website and the resources it offers. She shared security tips and tools to protect you personally and professionally. She reminded us that when we post AA sobriety anniversaries or coins that our current or future employers will be following you and could affect your job. She also told us some alternative means to use so that others cannot track or trace your every move.

Cam L. (Corrections Chair) gave a wonderful informative presentation on how we can carry the message to alcoholics in jail and prisons. He shared a letter from an inmate that talked about how a letter from another alcoholic made a huge difference in his life. It was touching and made of us want to write a letter.

Andreas B. (Online Meetings at a group level) was super excited to be sharing what he has been doing since early March with his Zoom meeting. He has set up a separate email address for the meeting and he asked the regular participants to send him their email addresses so he can correspond with them about changes, update or announcements. When someone with a court card attends, they can email him, and he can verify their attendance for the courts through email. They are asked to donate to local AA entities the 7th tradition money they would normally put in the basket, since there are no expenses. The members take turn paying for a monthly subscription to Zoom. He loves being able to attend daily AA meetings and not have to worry about jeopardizing his compromised immue system. He was a HIT!

David R (Central Office Committee Chair) was out of town for work so he send a letter that informed us of all the progressive changes Central Office has made since the new year.

There is a Facebook page: **Central Office of North Idaho**, you can email Mary the office manage at: **CentralOffice@northidahoaa.org**, and David has started writing a newsletter and is requesting us to send anything interesting or local announcements to him at: **soberin95@gmail.com**.

Natalie F. (3rd Legacy Chair) It was already 4:15 when it was my time to speak, so I quickly shared how important I think it is that AA always have face to face meetings available to the still suffering alcoholic and the not so suffering alcoholic. I said it was my opinion that the program of AA is one alcoholic sitting across from another alcoholic reading the Big Book and working the steps, it is not going to meetings. I said that it was my opinion that a spiritual connection is achieved face to face, eye to eye. I shared the spiritual experience I had with my sponsor when we knelt and said the 3rd step prayer and I hope that there will never be a time when we take our 3rd steps on a Zoom meeting. I thanked all who participated and we closed the meeting with the serenity prayer at 4:20pm.

YIS Natalie F. 3rd Legacy Chair, District 8

District 14

Hello to Area 92

A thank you to all of our trusted servants during these interesting challenges in Alcoholics Anonymous, District 14 has risen to the challenge of carrying the message with Zoom, phone calls and now face to face meetings. It is a privilege to face the new and welcome challenge of opening back up our meetings here in eastern WA, northern Idaho and western Montana. Communication has been our biggest challenge in keeping the meeting schedule up to date, the best part of these challenges has been witnessing Alcoholics jump into action with our primary purpose out front, finding and following our traditions and pulling together. It is a simple thing to feel gratitude for the good things in life but I cannot help but to be grateful for the privilege to be of service to District during these challenges, it has shown once again "we together can do what I could never do by myself" though we are not out of the woods yet and more may come our way District 14 has shown its willingness to do whatever it takes to carry the message to the still suffering Alcoholic.

From District 14 a thank you to Area 92 for your service.

Sincerely Jerome W. DCM 14

District 20

Hello...I am supposed to give a District 20 Report on the status of our "little no account district", at least, that's what I was told anyway! I prayed to be of service, and last March the group conscience had spoken and here I am! I had no idea what I was getting into.....when did God start listening to my prayer!?

There have been some real obstacles and trials to overcome and work with. The truth is District 20 was without anyone to sit in as the DCM, so I stepped in to see what I could do to help, and that group conscience, a funny thing happened to me, I was the DCM in no time flat! The speed was incredibly fast. Thank God I read the service manual before, and have been taken through this or I would have been lost, in over my eyes in trouble. No one was there at first to coach me, I went at it alone. Eddie P, the DCM from district 6 was trying to shoulder both districts -heavy load! Knowing he had his district to care for I tried to limit my calls for his help, and he did help, when he could. I am not a computer savvy kind of guy.. and a crash course on computer-ism.... here we go again! Oh the fun! I am now a computer owner!! In the quiet time I take in the morning, the thought of an old friend came to mind. A mentor, a service sponsor who I have followed in the past. Going around doing service-work, he was in on the formation of District 20 and was also the Alternate Delegate for area 92.

I really did not want to bother him. However, knowing his history of service work, I asked him for his help, and tada! Here we are!

I was raised-old school when I came into Alcoholics Anonymous. So when I became DCM, I started to go to the groups to let them know I was hoping to see their GSR's at the District meetings. Well...I guess God thought I needed more lessons in computer-ism! So...bear with me as I muddle through.

District 24

Greetings Area 92 from all the district 24 groups!

Another month passed and on July 1st, 3pm. our counties were granted to move into phase 1 with modifications, by 5pm I was on phone with all our GSRs, secretary and treasurer. Our first in person district meeting in months is set for July 12 at 3pm. at Grupo comunidad which is not our normal meeting place, however it is large and can accommodate the 6 feet spacing necessary for now. It will be great to see everyone in person! In masks but that's a little sacrifice for everyone's health, safety and well-being. Hopefully next month we can be back at Grupo La Viña. One our agenda item is the area July quarterly by zoom and in Spanish, good news for all of us! And hopefully get a date set for our Delegate's report.

We have lots of catching up on. And how our 1st, 5th and 7th traditions and our 4th and 10th especially have been in our AA life these last few months. Thanks for examples shared. And so we continue to move forward just for today, sober and grateful to pass it on! Thanks GSRs, thanks all trusted servants! See you all soon maybe we in person or by zoom. Salud, seguridad y bienestar.

Felices 24 horas! Virginia R. District 24 DCM

General Service Representatives

5 EASY steps to get CONNECTED



- 1. Go to Area 92 website: https://area92aa.org/
- 2. Under the "Area Committee" tab click on "Documents"
- 3. At that screen (on the left) click on "Other Documents"
- 4. Click on "Group Change Form"
- 5. Complete and click "submit"

Your Group Info is now up-to-date with Area and GSO!

??? QUESTIONS ??? Contact: alt-delegate@area92aa.org - Ph# 208-755-2345

Area Contact Information

Delegate	Gary P.	delegate@area92aa.org	972-998-4221
Alt. Delegate	Ben N.	alt-delegate@area92aa.org	208-755-2345
Chair	Diana M.	chair@area92aa.org	509-429-1683
Alt. Chair	Gary H.	alt-chair@area92aa.org	509-670-8860
Treasurer	Jan R.	treasurer@area92aa.org	208-416-9507
Alt. Treasurer	Cindy H.	alt-treasurer@area92aa.org	509-341-9072
Secretary	Ann-Marie K.	secretary@area92aa.org	509 216-6175
Archives Chair	Lisa G.	archives-chair@area92aa.org	406-334-7091
Archivist	Lisa D.	archivist@area92aa.org	509-216-9366
Corrections	Chris J.	corrections@area92aa.org	406-291-0093
Corrections Bridge	Lori T.	area92correctionsbridge@gmail.com	208-277 7382
CPC	Brande G.	cpc@area92aa.org	509 868-4123
GV & Literature	Anna V.	literature@area92aa.org	509-406-2262
Newsletter	Benjamin G.	newsletter@area92aa.org	360-713-2374
Public Information	Michelle W.	pi@area92aa.org	509-388-6086
Translation	Doug M.	translation@area92aa.org	509-319-7510
Treatment	Fran L.	treatment@area92aa.org	509-936-1045
Treatment Bridge	Amy W.	area92bridgethegap@gmail.com	509-307-6909
Website Information	Gary H.	alt-chair@area92aa.org	509-670-8860

Financial Contributions

Our 7th Tradition states: "Every A.A. Group ought to be fully self-supporting, declining outside contributions."

Please send your contributions to:

Washington State East Area 92
1314 S. Grand Blvd. Suite 2, Box #103
Spokane, WA 99202-1174

Area Newsletter Submission Guidelines

The Area 92 Newsletter- Published Monthly

The Newsletter is our primary mode of communication in Area 92 and relies on the submissions of each

of us: Our DCM's, GSR's, Elected officers, Appointed Chairs and Delegates, Past and Present, as well as any member within Area 92. Geographically Area 92 includes Eastern Washington, Northern Idaho, Western Montana and Hermiston Oregon.

Submissions: Any Member of A.A. may submit information, questions, reports, ideas or discussion points to the Editor. All Submissions are subject to editing for Grammar, sentence structure and spelling. Any opinions expressed herein are not endorsed nor approved by A.A. as a whole nor is any article or activity published by A.A. as a whole except when Conference approved literature is quoted or otherwise copyrighted by A.A.W.S.

The Submission deadline is the 5th of each month at 5pm. Pacific Standard Time. Each submission should be approximately 250 words.

<u>Submission Methods</u>: Email to <u>newsletter@area92aa.org</u> or US Mail to Address below Area 92 Newsletter
212 Ironwood Drive Ste D #212
Coeur d'Alene, Idaho 83814

This is the disclaimer and submission guidelines that will be found in each monthly Area Newsletter.

Changes include:

- Submittal deadline has been changed from the 10th of the month to the 5th of the Month.
- No Phone Text entries will be accepted.
- The Mailing Address has been changed.
- All forms of Mail Accepted, US Postal, FEDEX, UPS, DHL Etc.
- All entries and flyers should be clear and legible.
- Submission does not guarantee publication.

Thank you for your cooperation

Sincerely yours in Service!

Benjamin G. Newsletter Editor AREA 92 / Panel 70

Missed an Issue???

Area 92 Newsletter Archive

Go to:

area92aa.org/newsletter

Area 92 Service Opportunities - Your local AA needs You!

Volunteer for the committee that interests you

TRANSLATION COMMITTEE

- Help arrange for Translation Services with our Hispanic speaking Districts in Area 92
- Helps with document translations needs for Area assemblies, workshops when requested.

Chairperson: Doug M. 509-319-7510

translation@area92aa.org



ARCHIVES COMMITTEE

- Assist the Chair in compiling a chronological history and help them maintain the history of the Area.
- Help maintain an inventory.
- Be available to display the archives at Area 92 functions and other invited functions.

Chairperson: Lisa G. 406-334-7091

archives-chair@area92aa.org



LITERATURE COMMITTEE

- Inform groups, district or area assembly members of AA approved literature, audiovisual material and other special items.
- Become familiar with the information on G.S.O.'s A.A. website (www.aa.org).
- Provide literature for groups, area, and district functions.
- Consider suggestions regarding proposed additions to and changes in Conference-approved literature and audiovisual material.
- Encourage A.A. members to read/purchase A.A. literature.

Chairperson: Anna V. 509-406-2262

literature@area92aa.org



CORRECTIONS COMMITTEE

The purpose of a corrections committee is to coordinate the work of individual A.A. members and groups who are interested in carrying our message of recovery to alcoholics behind the walls, and to set up means of smoothing the way from the facility to the larger A.A. community through prerelease contacts.

Chairperson: Chris J. 406-291-0093 corrections@area92aa.org



Service Opportunities - Your local AA needs You!

Volunteer for the committee that interests you

C P C COMMITTEE

COOPERATION WITH THE PROFESSIONAL COMMUNITY

Members of these committees provide information about A.A. to those who have contact with alcoholics through their profession, including healthcare, E.A.P. and H.R. professionals; educators; members of the clergy; lawyers; social workers; military professionals; government officials; and those working in the field of alcoholism. Information is provided about where we are, what we are, what we can do, and what we cannot do.

Chairperson: Brande G. 509-868-4123



PICOMMITTEE

PUBLIC INFORMATION

The purpose of P.I. service work is to provide accurate A.A. information to the public when requested. P.I. committees visit schools, businesses and community meetings for this purpose. They also serve as resources for our friends in the local media, emphasizing our Traditions of anonymity, singleness of purpose and non-affiliation, as well as offering A.A. public service announcements to media outlets such as radio and television stations.

Chairperson: Michelle W. 509-388-6086



TREATMENT/ACCESSIBILITIES COMMITTEE

- With approval of the facility, takes A.A. meetings into treatment settings within its area.
- Encourages group participation. In some areas each group has a representative on the Treatment Committee.
- Coordinates temporary contact programs, such as Bridging the Gap.
- Arranges purchase and distribution of literature for these groups and meetings.

Chairperson: Fran L. 509-936-1045

treatment@area92aa.org



WEB COMMITTEE

- The Area 92 website provides and maintains information about our local group meetings and services of AA. Maintains an events calendar which includes local and Area 92 events.
- Committee members exchange ideas on Web site design, format and content.
- Seeks feedback from AA Groups, GSRs, Service committees on Web site functionality/content.
- Posts newsletters, other AA resource links, etc

Chairperson: Gary H. 509-670-8860



alt-chair@area92aa.org

COVID19 AND ALCOHOLICS ANONYMOUS

Please tell us your experience with staying sober during this historic pandemic. As the Area 92 Archivist I want to document these times of trial we are living through. Pass it on to your District Archivist or e-mail to archivist@area92aa.org. You can also mail to 2400 N. Wilbur Rd. Apt. 177, Spokane Valley, WA 99206. Please include your first name, Meeting or Group Name, City & State, District and any other info you would like to include.

Has the pandemic affected your sobriety and if so how?how?
How has the pandemic affected your meeting or group and what changes were made to manage?

Do you have any inspiring stories or stories of sadness that you would like to pass on to people in the future who would want to know how we managed through these difficult times?
(include additional sheets if necessary)
Sincerely in Service,
Lisa Donahue
Area 92 Archivist



District 13 presents the Area 92



Standing Committee Workshop

Let's join together with our area's trusted servants to learn more about

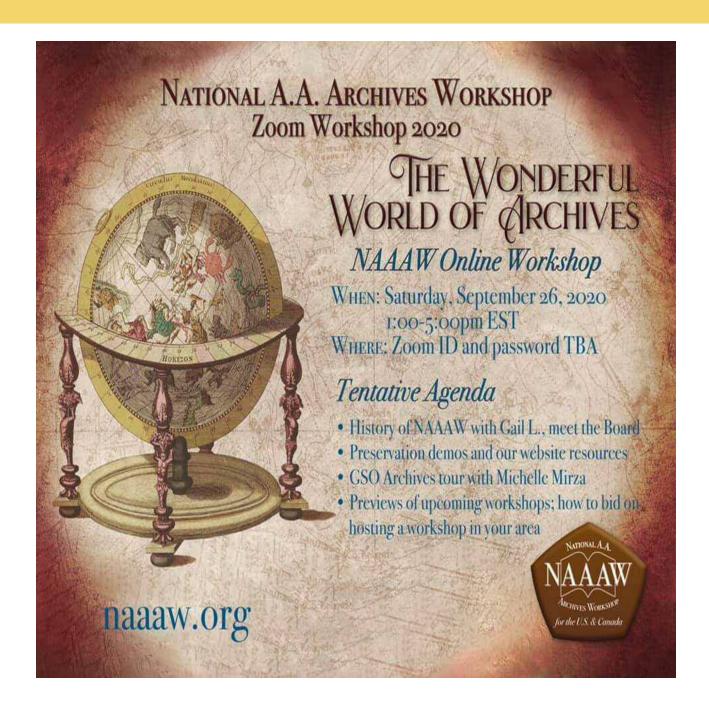
AA resources in a Digital Age

September 19, 2020 10am-3pm Millwood Presbyterian Church 3223 N Marguerite Rd, Spokane, WA

Breakfast and chili for lunch provided ...also bring your favorite Potluck side or dish

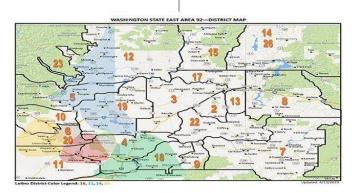
Also available on ZOOM ID 790-483-2751 Questions? Email Amy: dcm13@area92aa.org or Michelle: pi@area92aa.org

We will be taking safety precautions to protect you against COVID-19 during this event



ANOTHER FIRST!

WASHINGTON STATE EAST AREA 92 70TH GENERAL SERVICE CONFERENCE VIRTUAL - DELEGATE'S REPORT



June

28th - 9:30 AM to 12:00 PM

July

12th - 1:30 PM to 4:00 PM

26th - 9:30 AM - 12:00 PM

August

2nd - 9:30 AM - 12:00 PM

9th - 1:30 PM to 4:00 PM

16th - 9:30 AM - 12:00 PM

23rd - 1:30 PM to 4:00 PM

Join Zoom Meeting

https://zoom.us/j/99964303467

Dial by your location

1 253 215 8782 US (Tacoma)

Meeting ID: 999 6430 3467

Password: 367223